



National Survey of American Life

25 Year Follow-Up

Response Booklet

1. Married
2. Partnered/ living with a partner as though you are married
3. Widowed
4. Separated
5. Divorced
6. Never been married

1. All or almost all of the time

2. Most of the time

3. Some of the time

4. A little of the time

5. None of the time

1. Very negative
2. Somewhat negative
3. A mix of positive and negative
4. Somewhat positive
5. Very positive
6. Not much impact

1. Mostly Black or African American
2. Mostly White
3. Mostly Hispanic or Latino
4. Mostly another racial group
5. Racially mixed (no group is a majority)

1. Financial unpredictability
2. Lack of benefits
3. Feeling isolated/limited social interactions
4. Difficulty using the apps
5. Finding enough time to get in the hours
6. No challenges experienced

1. Less than 1 hour
2. 1-3 hours
3. 3-6 hours
4. 6-12 hours
5. More than 12 hours

Extremely stressful experiences can include:

- Being in a place where there was ongoing terror, war, or military or militant activity
- Being a refugee
- Being kidnapped
- Being exposed to a poisonous chemical, radiation, or similar dangerous substance
- Being in a serious car accident
- Experiencing a natural disaster, like a hurricane, flood, earthquake, tornado, landslide, major blizzard, or wildfire
- Experiencing a life-threatening incident, like being shot
- Experiencing a life-threatening accident, like a serious fall
- Experiencing a life-threatening illness, like a heart attack, stroke, serious infection, or serious cancer
- Being beaten up or threatened (whether by someone you knew or a stranger)
- Being mugged or threatened with a weapon
- Being raped or sexually assaulted (whether by someone you knew or a stranger)
- Being stalked
- Having a loved one die unexpectedly, such as from suicide, an accident, or being murdered
- Having a loved one seriously injured, such as from a serious illness, a suicide attempt, an assault, or an accident
- Witnessing a physical fight, whether at home (such as when you were a child) or in another setting
- Witnessing someone get seriously hurt, die, or coming across a dead body (whether as part of your job or just in passing)
- Accidentally causing injury or death to another person

1. Extremely
2. A lot
3. Some
4. A little
5. Not at all

1. Extremely

2. Very

3. Somewhat

4. A little

5. Not at all

1. Extremely
2. Quite a bit
3. Moderately
4. A little bit
5. Not at all

1. Very often

2. Often

3. Sometimes

4. Rarely

5. Never

1. Most or all of the time (5-7 days)
2. Occasionally (3-4 days)
3. Some of the time (1-2 days)
4. Rarely or none of the time

1. Doctors' office or health center
2. Urgent care center
3. Clinic in a pharmacy or grocery store
4. Hospital emergency room
5. VA medical center or clinic

1. Yes, private insurance through your current or former employer or union
2. Yes, private insurance through your spouse's or partner's current or former employer or union
3. Yes, private insurance purchased directly through the Marketplace, ACA plans or "Obamacare"
4. Membership or subscription to a direct-pay medical practice, sometimes called "direct primary care" or "concierge" medicine
6. Some other type of health insurance coverage
7. No, not covered by private insurance

1. Just about every day
2. A few days a week
3. A few times a month
4. Almost never

1. Back
2. Legs, knees, or hips
3. Arms, shoulders, wrists or fingers
4. Neck, jaw or head
5. Stomach, belly or bowels

1. In the same household
2. Within a 30-minute drive
3. More than 30 minutes away but within a 1-hour drive
4. Between a 1 and 6-hour drive
5. More than a 6-hour drive
6. Not accessible by car

1. Three or more times a week
2. Once or twice a week
3. Less than once a week
4. Did not happen during the past month

- 0. Never
- 1. Monthly or less
- 2. 2-4 times a month
- 3. 2-3 times a week
- 4. 4 or more times a week

1. 1 or 2
2. 3 or 4
3. 5 or 6
4. 7, 8, or 9
5. 10 or more

- 0. Never
- 1. Less than monthly
- 2. Monthly
- 3. Weekly
- 4. Daily or almost daily

1. Nearly every day (4 or more times a week)
2. At least once a week (1 to 3 times)
3. A few times a month (2 to 3 times)
4. At least once a month
5. A few times a year
6. Never

1. Very easy
2. Somewhat easy
3. Somewhat difficult
4. Very difficult
5. There is no such space

1. Very easy and pleasant
2. Somewhat easy and pleasant
3. Somewhat difficult or unpleasant
4. Very difficult or unpleasant

1. Not at all
2. A little
3. Some
4. A lot
5. I have not lived here that long

1. Made you more likely to be involved
2. Hasn't really changed your involvement
3. Made you less likely to be involved
4. There are very few neighborhood activities or places to be involved

1. Very affordable
2. Somewhat affordable
3. Not very affordable
4. Not at all affordable

1. Problems with drinking water quality
2. Industrial or chemical sites (e.g., factories, waste sites)
3. Air pollution from factories, traffic, or other sources
7. Other environmental problems

1. Not at all

2. A little

3. Some

4. A lot

1. Very often
2. Fairly often
3. Not too often
4. Never

1. A great deal

2. Some

3. A little

4. Not at all

1. Daily
2. Several times a week
3. At least once a week
4. At least once a month
5. Less than once a month

1. Less than 6 months
2. 6 months to 1 year
3. 1 to 2 years
4. 2 to 5 years
5. More than 5 years

1. Strongly disagree
2. Disagree
3. Neither agree nor disagree
4. Agree
5. Strongly agree

1. All or most are Black or African American
2. All or most are White
3. All or most are Asian or Asian American
4. All or most are Hispanic or Latino
5. All or most are some other race or ethnicity
6. No one racial group makes up a majority

1. Strongly agree
2. Agree
3. Disagree
4. Strongly disagree

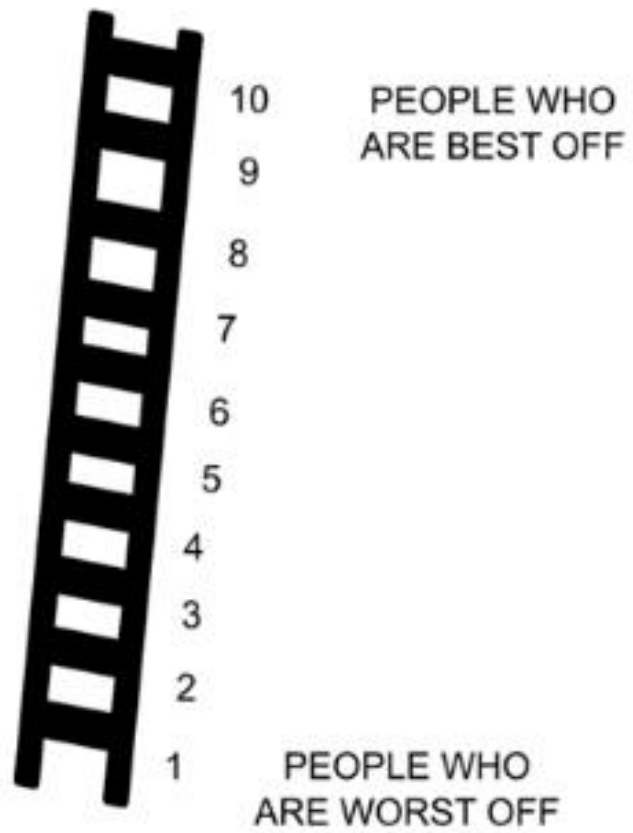
1. A great deal
2. Quite a bit
3. Some
4. A little
5. Not at all

1. Strongly disagree

2. Disagree

3. Agree

4. Strongly agree



1. 1 time
2. 2-3 times
3. 4-9 times
4. 10-19 times
5. 20 or more times

1. Less than 1 day (less than 24 hours)
2. 1-6 days (at least a day, but less than a week)
3. 1-4 weeks (at least a week, but less than a month)
4. 1-11 months (at least 1 month, but less than a year)
5. About 1 year (about 12 months)
6. More than 1 year but less than 4 years
7. 4 years or more

1. Not at all
2. A little
3. Some
4. Quite a bit
5. A great deal

1. Never
2. Rarely
3. Sometimes
4. Often

